

— IN A — PERFECT WORLD

SEED HEARTS



Plants give us oxygen and help clean our air. Planting trees and native plants is one way we can beautify our communities, reduce pollution and nurture the planet we live on. Making seed hearts is a fun way to have a positive impact on the environment.

WHAT YOU'LL NEED

- POTTING SOIL
- MOLDING CLAY
- SEED PACKETS (WILDFLOWERS, NATIVE PLANTS, HERBS, LEAFY GREENS...)
- WATER

STEP 1: Take a small piece of molding clay and knead it and roll it into a golf-ball sized ball. With your thumb, make a little cavity in the ball.

STEP 2: Take about 1 teaspoon of potting soil and put it in the cavity. Start kneading again until the soil is mixed throughout.

STEP 3: Roll it up into a ball again and make a cavity again. This time, fill it with your seeds (ONE PACKET)

STEP 4: Add a little water if needed to make it easy to mix together. If you add too much, it will be sticky. If that happens, just add a bit more soil.

STEP 5: Then knead and roll it up into a ball again and shape into a heart.

STEP 6: Leave them out to dry completely (24 HOURS USUALLY). Once dry, you can put them in a bag with the seed packet (which has details on what the seeds are). Then give them away or use them yourself anywhere your neighborhood could use a little greenery or flowers.

STEP 7: These don't need to be buried! Just lay them on where you want them to be planted, and let mother nature take over. Check back in about a month and you'll be amazed!

THIS IS A FUN PROJECT!

The measurements don't have to be exact. Just get your hands dirty and dive in. The Earth will thank you...

EARTH DAY IS EVERYDAY!

DON'T FORGET TO TAKE PICTURES!

We love to share stories of our friends practicing *Everyday Kindness*! Tag us @perfectworldfdn on Instagram and use the hashtag #IAPWEveryday so we can see your beautiful creations!