

## WHAT YOU'LL DO

TALK ABOUT THINGS YOU LOOK FORWARD TO WITH A FAMILY WISH JAR!

## WHAT YOU'LL NEED

- ANY KIND OF JAR THAT YOU HAVE AROUND THE HOUSE
- SOME BLANK PAPER
- MARKERS, CRAYONS, ANYTHING TO WRITE WITH!
- ANYTHING THAT YOU WANT TO DECORATE YOUR JAR WITH



Gather your family around and talk to them about things they are looking forward to. Try to focus your wishes on *experiences* instead of "stuff"

Get your jar, decorate it while you're thinking about your wishes.

Give every family member some paper to write their wishes on.

STEP 4: Everyone take turns reading their wishes out loud before placing them in the jar.

511 5: Add to your jar whenever you feel a wish coming on. Use your wish jar to inspire future family experiences!

## DON'T FORGET TO TAKE PICTURES!

We love to share stories of our friends practicing Everyday Kindness! Tag us @perfectworldfdn on Instagram and use the hashtags #EverydayKindness and #IAPWEveryday so we can see your beautiful creations!